

**Virginia Ballet Company and School
2022-2023 Fall Curriculum Class Schedule**

**Adult Dance Program
August 29, 2022 - January 28, 2023**

Monday			
7:00-8:00PM	• Beginning Ballet	• Kudinova	• Studio C
7:30-8:30PM	• Stretch Tone Yoga	• Mirabello	• Zoom
8:00-9:00PM	• Jazz	• Kudinova	• Studio C
Tuesday			
10:00-11:00AM	• Jazz	• Miegel	• Studio A
10:00-11:00 AM	• Beginning Hatha Yoga	• Arnn	• Studio C
11:00-12:30PM	• Intermediate Ballet	• Mizzoni	• Studio A
12:30-1:30PM	• Beginning/Intermediate Pointe (By Invitation Only)	• Mizzoni	• Studio A
7:30-8:30PM	• Beginning Ballet	• Bernero	• Studio B
7:30-8:30PM	• Beginning/Intermediate Tap	• Miegel	• Studio C
Wednesday			
10:00-11:00AM	• Intermediate Flamenco	• Fadeyeva	• Studio A
7:30-8:30PM	• Beginning Flamenco	• Nojima-Schmunk	• Studio A
7:30-8:30PM	• Beginning Pointe (By Invitation Only)	• Mizzoni	• Studio C
7:30-8:30PM	• Stretch Tone Yoga	• Mirabello	• Zoom
Thursday			
9:15-10:15AM	• Center Floor Barre	• Rubin	• Studio A
10:15-11:45AM	• Intermediate Ballet	• Rubin	• Studio A
12:00-1:00PM	• Beginning/Intermediate Tap	• Miegel	• Studio A
7:45-8:45PM	• Contemporary/Modern	• Hart	• Studio C
Saturday			
8:30-10:00AM	• Intermediate Ballet	• Bernero	• Studio B

Notes:

- Class Drop-in Rate: \$20
- 10 Class Card: \$165 (Valid for 6 months)
- 20 Class Card: \$295 (Valid for 6 months)
- Unlimited Monthly Card: \$230
- College Student Class Card Rates: 10 class card - \$75 and 20 class card - \$125 (both valid for 6 months)
- For registrar purposes it is recommended that adults enroll in the classes they are most likely to attend on a regular basis.

**Class schedule is subject to change. Virginia Ballet Company and School reserves the right to add, cancel, or combine classes on the class schedule based on class enrollment and or substitute instructors.*