

**Virginia Ballet Company and School
2022-2023 Fall Curriculum Class Schedule**

**PARENT & ME LEVEL CLASSES
August 29, 2022 - January 28, 2023**

Thursday		
10:30-11:00AM	• Nojima-Schmunk	• Studio C
Saturday		
10:00-10:30AM	• Nojima-Schmunk	• Studio B

Notes:

- Parent and me classes are designed to introduce dance to children ages 3-4 in a safe environment. VBC recognizes that new experiences can be overwhelming for this age group. This class was developed to allow parents to sit in the class for the comfort of the dancers. Parents may participate as much or as little as their dancer requires.

**CREATIVE MOVEMENT
August 29, 2022 - January 28, 2023**

Tuesday		
11:15-12:00PM	• Miegel	• Studio C
Saturday		
9:15-10:00AM	• Edmunds	• Studio C

Notes:

- Creative Movement classes are designed to expose children ages 4-5 to listening and moving to music. Dancers in this class will learn basic dance movements and expression to music through games, stretching, and movements.
- Creative Movement dancers are eligible to participate in end of year performance, Promenade, in June. A separate performance fee is required to participate in this productions.

**Class schedule is subject to change. Virginia Ballet Company and School reserves the right to add, cancel, or combine classes on the class schedule based on class enrollment and or substitute instructors.*