

**Virginia Ballet Company and School**  
2020 – 2021 Season – Fall, Winter, & Spring

DAY	Studio A & Zoom		Studio B & Zoom		Studio C & Zoom		Zoom Only	
MONDAY	10:15–10:45am	Pre-Ballet 1 – Ballet					10:00-11:30am	Adv, Int IV, III, II&I – Core Strength Training (CC)
			12:30-1:30pm	Int IV - Modern (CC)	11:00-11:45am	Creative Movement – Ballet		
			1:30-3:00pm	Int IV – Ballet (CC)				
			3:00-4:30pm	Int IV - Pointe (CC)				
					4:45-5:45pm	Beg Ballet III – Ballet		
	4:30-6:00pm	Adv – Ballet (CC)	5:00–6:00pm	Int III, II & I – Ballet (CC)	5:45-6:45pm	Beg Ballet III – Character		
	6:00-7:30pm	Adv – Pointe (CC)	6:00–7:00pm	Int III, II & I – Modern (CC)	7:00–8:00pm	Adult – Beg Ballet	7:30–8:30pm	Adult – Stretch Tone Yoga
	7:30-8:30pm	Adv – Modern (CC)			8:00–9:00pm	Adult – Int/Beg Jazz		
TUESDAY	10:00-11:00am	Adult – Jazz						
	11:00-12:30pm	Adult – Int Ballet			11:15-12:00pm	Creative Movement – Ballet		
	12:30-1:30pm	Adult – Int/Beg Pointe						
	4:30-6:00pm	Adv, Int IV & III – Jazz/Hip Hop	5:00-5:30pm	Pre-Ballet I – Ballet	5:15-6:00pm	Pre-Ballet II – Ballet		
	6:00-7:30pm	Adv – Ballet	5:45-7:15pm	Int II & I – Ballet	6:15 -7:15pm	Beg Ballet II & I – Ballet		
	7:30-8:30pm	Adv - Modern	7:15-8:15pm	Int II & I – Modern	7:30-8:30pm	Adult – Beg Ballet		
WEDNESDAY	4:30-6:00pm	Adv – Ballet (CC)	5:15-6:45pm	Int IV & III – Ballet (CC)	5:00–6:00pm	Int I - Ballet (CC)		
	6:00-7:30pm	Adv – Pointe (CC)	6:45-7:45pm	Int IV & III – Pointe (CC)	6:15-7:15pm	Int II – Ballet (CC)		
			7:45-8:45pm	Int IV & III – Modern (CC)	7:30-8:30pm	Adult - Flamenco	7:30–8:30pm	Adult – Stretch Tone Yoga
THURSDAY	10:15-10:45am	Pre-Ballet I – Ballet			11:00-11:45am	Creative Movement – Ballet	9-45-10:45am	Adult – Floor Barre
							10:45-12:15pm	Adult – Int Ballet
	4:45-6:15pm	Int II & I – Ballet (CC)	5:00-6:00pm	Beg Ballet I - Ballet	5:15-6:15pm	Beg Ballet II – Ballet	12:30-1:30pm	Adult – Int Tap
	6:30-8:00pm	Adv – Ballet (CC)	6:15-7:45pm	Int IV & III – Ballet (CC)	6:30-7:30pm	Beg Ballet III - Ballet		
	8:00-9:00pm	Adv – Pointe/Variations (CC)	7:45-8:45pm	Int IV – Pointe (CC)	7:45-8:45pm	Int III – Beg Pointe (CC)		
FRIDAY	4:30-5:30pm	Adv – Ballet	5:30-6:30pm	Int IV & III - Ballet	5:30-6:30pm	Int II & I – Contemporary Ballet		
	5:30-6:30pm	Adv – Contemporary Ballet	6:30-7:30pm	Int IV & III – Contemporary Ballet	6:30-7:30pm	Int II & I - Tap		
	6:30-7:30pm	Adv – Character	7:30-8:30pm	Int IV & III – Character				
		7:30pm Rehearsals TBD		7:15pm Rehearsals TBD		7:15pm Rehearsals TBD		
SATURDAY	9:15-10:00am	Pre-Ballet II – Ballet	8:15-9:45am	Adult – Int Ballet	9:00-10:00am	Adult, Teen, Adv, Int IV & III – Int Tap		
	10:30-11:30am	Adv Practical Dance Theory	10:00-10:30am	Pre-Ballet I – Ballet	10:15-11:00am	Creative Movement – Ballet		
	11:30-12:30pm	Adv, Int IV – Flamenco	11:00-12:00pm	Int II & I – Ballet	11:15-12:15pm	Beg Ballet II & I – Ballet		
	12:30-1:30pm	Int IV&III – Practical Dance Theory	12:30-1:30pm	Int II & I – Contemporary/Modern (CC)	12:30-2:00pm	Beg Ballet III – Ballet & Tap Combo		
	1:30-2:30pm	Adv, Int IV & III – Contemporary/Modern (CC)	1:30-2:30pm	Int II&I - Character				
	2:30pm Rehearsals TBD		2:30pm Rehearsals TBD		2:30pm Rehearsals TBD			
SUNDAY		TBD Pas de Deux Rehearsals						
	1:00-2:00pm	Warm-Up Class Company						
	2:00pm-	TBD Company Rehearsals		TBD Company Rehearsals		TBD Company Rehearsals		

**ENROLLMENT & CLASS NOTES:**

- Virginia Ballet Company and School (VBC) will make every effort to honor this published schedule. We reserve the right to add, cancel or combine classes based on enrollment, availability of qualified substitutes in the case of teacher absence, or in response to immediate health concerns due to the COVID-19 pandemic. Classes may be closed to in-studio participation on a temporary or permanent basis if an enrolled student becomes ill with the COVID-19 illness or is highly likely to have contracted the illness and awaits confirmation. We value the health and safety of our students and staff. We will not be able to offer refunds for classes that cannot meet in the studio because of COVID-19 concerns.
- Due to capacity restrictions, VBC will need to limit in-studio enrollment to 8-10 students per studio. We will do our best to accommodate each student with in-studio education, however, this will be determined through a balanced approach as well as first come/first served approach.
- All classes will be broadcast online through Zoom and enrolled students will be provided the links for all their classes. If the student is unable to come to class because of potential illness or schedule conflict, they are welcome to participate remotely through the provided links.
- (CC) = Company Class. These classes are open to all students at the given level, however, students who wish to participate in The Company are highly encouraged to enroll in classes with this designation.